



Psychological First Aid

12/1/09

6:00-10:00 PM

Registration 5:45-6:00 PM

Speaker: Becky Hauserman RN,BC MSN EMT-I

Purpose: To prepare participants to provide basic care, comfort, & support to people who are experiencing disaster-related stress

Objectives:

- Discuss signs of stress in clients, coworkers, & ourselves
- Apply psychological first aid principles in providing immediate support to people who may be experiencing stress
- Describe how to obtain additional mental health support for clients, coworkers, & ourselves

Who can attend:

Anyone who will be helping disaster survivors

Where:

American Red Cross, Mercer County Chapter
909 E Wayne St Suite 124
Celina, OH 45822

There is no cost for this program

Materials & breaks provided

- Program provider- Mercer Health
- Co-sponsored by the American Red Cross, Mercer County Chapter
- Successful completion requires attendance at 100% of program & submission of completed evaluation form
- Planners & presenters of this event have no conflict of interest to report
- This program has received no commercial support or sponsorship

If you have questions or if you wish to register, call Deb Hemmelgarn at 419-586-2201
Please register by 11/25/09

This program has been approved for 3.5 contact hours for RNs. Mercer Health (UVMC-P-009-09) has been approved as a provider of continuing education by the Ohio Board of Nursing through the OBN Approver Unit at UVMC OBN-005-92.

3.5 clock hours for Social Workers, Counselors, & marriage & Family Therapists have been approved by the Ohio Counselor, Social Worker, & Marriage & Family Therapist Board. Program Approval Number: MCST120907.

CE credit for EMS has been requested.